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Autumn Winter 2023



	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Pork sausage, mini-Yorkshire pudding, Creamy mashed potatoes, mixed vegetables and gravy	Beef Bolognese served with pasta and freshly baked garlic bread	Gammon ham served with roast potatoes, green beans and gravy (gf)	Mediterranean style diced Quorn with savoury rice, and garlic bread (v)	Cheese and Tomato pizza served with oven baked jacket wedges and garden peas (v)
Jacket Potato	A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)				
Pudding	Homemade rice pudding served with jam Cheese & crackers Fresh fruits Yoghurts	Homemade Banana muffin (v) Cheese & crackers Fresh fruits Yoghurts	Shortbread biscuit Cheese & crackers Fresh fruits Yoghurts	Chocolate sponge served with homemade Chocolate sauce Cheese & crackers Fresh fruits Yoghurts	Homemade flapjack Cheese & crackers Fresh fruits Yoghurt

Thursday & Friday packed lunches for Futures containing choice of sandwich, sausage or cheese roll fresh fruit, dessert & bottle of water

week
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	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Chicken meatballs in a rich tomato sauce served with pasta and garlic bread	Quorn vegan nuggets served with crispy hash browns and baked beans (pb)	Red Tractor roast chicken served with homemade roast potatoes, mixed seasonal vegetables and gravy	Lamb keema curry served with pilau rice and a mini naan bread	Bird's Eye fish fingers served with oven baked chipped potatoes and baked beans
Jacket Potato	A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)				
Pudding	Lancashire biscuit Cheese & crackers Fresh fruits Yoghurts	Homemade chocolate muffin (v) Cheese & crackers Fresh fruit Yoghurts	Oaty apple crumble served with custard Cheese & crackers Fresh fruits Yoghurts	Iced vegan sponge (pb) Cheese & crackers Fresh fruits Yoghurts	Fruit jelly topped with whipped cream (v) Cheese & crackers Fresh fruits Yoghurts

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Breaded chicken burger in a bun served with oven baked jacket wedges and baked beans	Diced Quorn and vegetable korma served with boiled rice and naan bread (v)	Minced beef pie served with homemade roast potatoes, mixed seasonal vegetables and gravy (gf)	Pizza Margherita served with oven baked diced potatoes and peas and sweetcorn (v)	Harry Ramsden's battered MSC fish fillet served with oven baked chunky chipped potatoes, mushy peas and tomato ketchup
Jacket Potato	A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)				
Pudding	Chocolate arctic roll Cheese & crackers Yoghurts	Syrup sponge served with custard Cheese & crackers Fresh fruits Yoghurts	Homemade abbey biscuit Cheese & crackers Fresh fruits Yoghurts	Homemade chocolate and vanilla sponge served with custard Cheese & crackers Fresh fruits Yoghurts	Freshly whipped strawberry mousse Cheese & crackers Fresh fruits Yoghurts

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