

week
1

Autumn Winter 2025

Monday

Tuesday

Wednesday

Thursday

Friday

Main meal

Italian style beef Bolognese served with pasta and freshly baked wholemeal garlic bread

Cheese & tomato pizza on a wholemeal base served with seasoned baby jackets and sweetcorn (v)

Sliced ham served with a Yorkshire pudding, roasted potatoes, carrot mash and gravy

Brunch – Red Tractor pork sausage, omelette, crispy hash brown & baked beans

Gluten free white fish fillet served with oven baked jacket wedges, garden peas and tomato ketchup (gf)

Jacket Potato

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)

Pudding

Freshly whipped strawberry mousse

Lemon sponge served with custard

Chocolate & vanilla swirl biscuit (pb)

Syrup sponge served with custard

Homemade apple oaty cookie (pb)

Cheese & crackers
Fresh fruits
Yoghurts

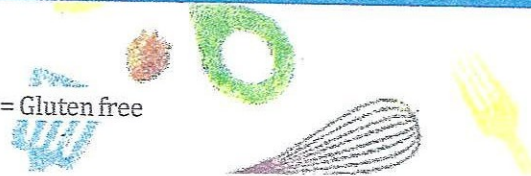
Cheese & crackers
Fresh fruits
Yoghurts

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Fresh fruits
Yoghurts

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Fresh fruits
Yoghurts

Cheese & crackers
Fresh fruits
Yoghurt

Thursday & Friday packed lunches for Futures containing choice of sandwich, sausage or cheese roll fresh fruit, dessert & bottle of water



week
2

Autumn Winter 2025

Monday

Tuesday

Wednesday

Thursday

Friday

Main meal

Pork and carrot meatballs in a rich tomato sauce served with pasta and freshly baked garlic bread

Freshly made cheese & tomato pizza baguette served with sweetcorn (v)

Red Tractor chicken fillet served with a Yorkshire pudding, roasted potatoes, garden peas and gravy

Homemade cheese pie served with oven baked chipped potatoes and baked beans (v)

Breaded fish fingers served with creamy mashed potatoes and baked beans

Jacket Potato

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)

Pudding

Fruit jelly (pb)

Chocolate beetroot cake served with pink custard

Lancashire biscuit

Iced vegan sponge (pb)

Carrot cake muffin topped with buttercream

Cheese & crackers
Fresh fruits
Yoghurts

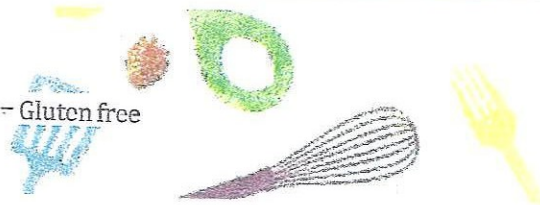
Cheese & crackers
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Thursday & Friday packed lunches for Futures containing choice of sandwich, sausage or cheese roll fresh fruit, dessert & bottle of water



week
3

Autumn Winter 2025

Monday

Tuesday

Wednesday

Thursday

Friday

Main meal

Garlic chilli chicken curry served with boiled white rice and a garlic & herb naan bread

Red Tractor beef burger in a bun served with jacket wedges and baked beans

Homemade minced lamb and potato pie topped with a hot crust pastry served with minted peas

Mac and cheese served with garden peas and freshly baked garlic bread (v)

Wholemeal cheese & tomato pizza served with oven baked chipped potatoes and salad batons (v)

Jacket Potato

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and grated cheddar cheese)

Pudding

Ice cream tub

Chocolate & vanilla marble sponge served with vanilla sauce

Shortbread biscuit (pb)

Homemade flapjack (pb)

Lemon & courgette muffin

Cheese & crackers
Fresh fruits
Yoghurts

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Fresh fruits
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Thursday & Friday packed lunches for Futures containing choice of sandwich, sausage or cheese roll fresh fruit, dessert & bottle of water

Salford City Council

V = Vegetarian PB = Plant based GF = Gluten free

www.citywideservices.co.uk

